# **Aggregated Light Chain Increases Brain Natriuretic Peptide Production and Induces Oxidative Stress Response in Cardiomyocytes**

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## INTRODUCTION

• Amyloid light chain (AL) amyloidosis is a rare, progressive, and typically fatal protein misfolding disease caused by deposition of aggregated immunoglobulin light chain (LC) protein, which in turn forms soluble toxic aggregates and deposited fibrils (amyloid)<sup>1-3</sup>

- LCs prone to misfolding are produced in excess by clonal plasma cells
- Amyloid leads to progressive failure of vital organs, including the heart, kidneys, and nervous system, causing significant morbidity and mortality<sup>1-3</sup>
- Early intervention is critical for patients with AL amyloidosis, particularly those with cardiac involvement (as many as 74% of patients)<sup>4,5</sup>

• There are no approved treatments for AL amyloidosis, though patients may be treated with off-label therapies directed at the underlying plasma cell dyscrasia<sup>3,4,6</sup>

- Serum levels of the N-terminal fragment of the probrain natriuretic peptide (NT-proBNP) are used clinically to diagnose cardiac involvement and to stage patients, representing a key prognostic factor of survival<sup>7</sup>
- Reductions in NT-proBNP levels after treatment indicate a cardiac organ response to treatment measured using consensus criteria; studies of patients with AL amyloidosis show cardiac response to be predictive of increased survival<sup>7</sup>

#### LC Aggregates Induced BNP Production in Cardiomyocytes in a Hmox-1–Dependent Fashion

• Both cardiomyocyte BNP transcription and NT-proBNP protein secretion were robustly upregulated in response to LC aggregate treatment in as few as 4 hours (**Figures 2A-B**)

- A more pronounced effect on NT-proBNP in the media suggested that LC aggregate treatment primarily activated NT-proBNP production through secretion (**Figures 2A-B**)
- Conversely, ET-1–induced BNP production exhibited the opposite phenomenon, whereby its effect on NT-proBNP protein secretion was considerably less than on BNP transcriptional upregulation (Figures 2A-B)
- These results suggest that LC aggregates and \_\_\_\_ cardiac hypertrophic activation drive increases in BNP levels along two distinct signaling NS, not significant; NT-proBNP, N-terminal fragment of the probrain natriuretic peptide. A-B: n = 10 (vehicle, FL- $\lambda$ 6a), n = 3 (ET-1). pathways Error bars represent standard error of the mean. All comparisons were performed with vehicle control.





BNP, brain natriuretic peptide; ET-1, endothelin-1; FL-λ6a, AL amyloidosis-associated, full-length LC sequence; LC, light chain; *Nppb*, prepro-BNP;

- It has been proposed that elevations in NT-proBNP levels in patients with AL amyloidosis and cardiac involvement result not only from mechanical strain, as in other forms of cardiomyopathy, but also from a direct cytotoxic effect of LCs on the p38 mitogen-activated protein kinase (MAPK) signaling pathway, increasing brain natriuretic peptide (BNP) synthesis by cardiomyocytes<sup>8</sup>
  - This suggests that changes in NT-proBNP levels in patients with AL amyloidosis have a clear link to disease mechanisms and so are a much stronger predictor of outcomes in patients with AL amyloidosis and cardiac involvement than in patients with other forms of heart failure
  - Understanding the mechanisms by which NT-proBNP is regulated is important clinically because this understanding is the basis by which prognosis and therapeutic response are determined

## **METHODS**

### **Cell Culture**

- Neonatal Wistar rat hearts were freshly dissociated and cultured using the primary cardiomyocyte isolation kit according to the manufacturer's instructions (Thermo Scientific Pierce). After 5 days, cultured cardiomyocytes were serum starved overnight and treated with Dulbecco-modified Eagle medium (DMEM) alone (vehicle control), 10 nM endothelin-1 (ET-1) (cardiac hypertrophy positive control), or a mixture of aggregated and monomeric  $\lambda$ LC aggregates (0.2 mg/mL) in serum-free DMEM. Conditioned media were then collected for NT-proBNP protein quantification and RNA purified for quantitative polymerase chain reaction (qPCR)
- Where indicated, the small molecule inhibitors tin protoporphyrin IX (heme oxygenase-1 [Hmox-1] inhibitor [Hmox-1i]) at 30 µM, tin mesoporphyrin IX (heme oxygenase-1 [Hmox-1]) inhibitor [Hmox-1ib]) at 30 μM, SB203580 (p38 inhibitor [p38i]) at 5 μM, L-NMMA (endothelial nitric oxide synthase [eNOS] inhibitor) at 100 µM, and NS-2028 (soluble guanylyl cyclase inhibitor) at 10 µM were used to pretreat cardiomyocytes before LC aggregates were added

#### **Recombinant Soluble and Insoluble LC Aggregates**

- An AL amyloidosis—associated, full-length LC sequence (FL-λ6a) derived from a known patient sequence containing both constant and variable regions<sup>9</sup> was recombinantly expressed in Chinese hamster ovary cells and purified by affinity chromatography
- Aggregations were carried out by shaking unaggregated protein (0.75 mg/mL) at 500 rpm for 3-5 days at 48°C. Unaggregated and aggregated LCs were characterized by size-exclusion chromatography, thioflavin T fluorescence, and electron microscopy
- Aggregated LCs were separated by centrifugation into insoluble (pellet) and soluble (supernatant) forms

Figure 3. (A-D) LC aggregate upregulation of NT-proBNP secretion and Hmox-1 expression were differentially dependent on Hmox-1 and p38.



eNOSi, endothelial nitric oxide synthase inhibitor; FL-λ6a, AL amyloidosis-associated, full-length LC sequence; Hmox-1, heme oxygenase-1; Hmox-1i, heme oxygenase-1 inhibitor tin protoporphyrin IX; Hmox1ib, heme oxygenase-1 inhibitor tin mesoporphyrin IX; LC, light chain; NS, not significant; NT-proBNP, N-terminal fragment of the probrain natriuretic peptide; p38i, p38 inhibitor; sGCi, soluble guanylyl cyclase inhibitor. A, C-D: n = 10; B, n = 6-12/group. Error bars represent standard error of the mean.

• Hmox-1 linked LC aggregate—induced oxidative stress and downstream NT-proBNP production (Figures 3A-D)

- A small molecule inhibitor of Hmox-1 catalytic activity attenuated LC aggregate-induced NT-proBNP production by ~60% (Figure 3A)
- Attenuation in LC aggregate-induced NT-proBNP production was specific to Hmox-1 and not to eNOS or soluble guanylyl cyclase (Figure 3B)
- Inhibition of p38 partially attenuated LC aggregate-induced Hmox-1 upregulation by ~40%. There was no additive effect of p38 inhibition and Hmox-1 inhibition (**Figure 3C**)
- Conversely, LC aggregate-induced NT-proBNP production was unaffected by p38 MAPK inhibition, suggesting that partial blockade of LC aggregateinduced Hmox-1 upregulation is insufficient to inhibit downstream secretion of NT-proBNP. There was no additive effect of p38 inhibition and Hmox-1 inhibition (**Figure 3D**)

Figure 4. (A-D) Soluble LC aggregates drove the majority of BNP expression and NT-proBNP secretion in cardiomyocytes.

Α	В	С	<i>P</i> = 0.0033	D

#### **Quantitative Polymerase Chain Reaction**

• Relative gene expression was analyzed using TaqMan Gene Expression Master Mix and Assays (Applied Biosystems; MGB probes, FAM dye labeled) according to the manufacturer's instructions

#### **MSD Electrochemiluminescence Assay**

- Rat NT-proBNP was quantified using a rat-specific NT-proBNP kit according to the manufacturer's specifications (Meso Scale Discovery [MSD])
- Cell surface–bound FL-λ6a LC was detected using a SULFO-TAG (MSD)–labeled anti– $\lambda$  LC rabbit polyclonal antibody in a 96-well High Bind MSD plate for 2 hours at 37°C and 5% CO<sub>2</sub> (Dako Agilent Technologies)

#### **Measurement of ROS**

• Effects of FL-λ6a and ET-1 on reactive oxygen species (ROS) were measured using the ROS-Glo H<sub>2</sub>O<sub>2</sub> Assay (Promega Biotechnology) according to the manufacturer's specifications

#### Flow Cytometry

- 1 mg/mL aggregated LC in phosphate-buffered saline was biotinylated according to the manufacturer's instructions using a fivefold molar excess of NHS-PEG4-Biotin compared with agg-LC
- 600,000 primary rat cardiomyocytes were added to LC, shaken for 10 seconds, and inclubated for 30 minutes at 4°C; after two washes, 0.5 ng/µL Streptavidin-conjugated allophycocyanin (APC) was added to the cells and shaken and incubated again; APC fluorescence was detected by flow cytometry using standard procedures (FACSAria II; **BD** Biosciences)

#### **Statistical Analysis**

• Results representative of three or more independent experiments are shown. Statistical significance was assessed using unpaired, two-tailed Student's *t* test. For comparison of multiple experimental groups, one-way analysis of variance and Dunnett's post hoc test were used

## RESULTS

#### LC Aggregates Induced Cellular Oxidative Stress in Cardiomyocytes

- Treatment with patient-derived LC aggregates increased transcript levels of the oxidative stress response markers Hmox-1 and Egr-1 after 4 hours of treatment (Figures 1A-B)
- Intracellular H<sub>2</sub>O<sub>2</sub> levels were increased in response to LC aggregates (**Figure 1C**) • These cellular effects are likely associated with LC aggregate binding to cardiomyocyte membranes as measured using flow cytometry (Figure 1E), which was concentration dependent, as indicated by an electrochemiluminescence assay (Figure 1D) and by flow cytometry (Figure 1F)



FL-λ6a, AL amyloidosis-associated, full-length LC sequence; Hmox-1, heme oxygenase-1; LC, light chain; NS, not significant; NT-proBNP, N-terminal fragment of the probrain natriuretic peptide. A-B: n = 8/group; C, n = 5/group; D, n = 4/group

Data represent 4 hours after treatment. All comparisons were performed with vehicle control unless specifically noted. Error bars represent standard error of the mean.

- LC aggregate promoted Hmox-1 transcriptional upregulation (Figure 4A) and increased levels of secreted NT-proBNP protein (Figure 4B) more robustly than LC monomer
- Soluble LC aggregates (supernatant) were more biologically active than insoluble LC aggregates (pellet) (Figures 4C-D)
- These results suggest that soluble LC aggregates are the primary cardiotoxic species driving oxidative stress and downstream NT-proBNP production in AL amyloidosis

## CONCLUSIONS

- Patient-derived LC aggregates can directly induce increases in both oxidative stress and BNP expression in primary rat cardiomyocytes. Furthermore, NT-proBNP secretion may be directly regulated by cardiotoxicity through Hmox-1 catalytic activity
- LC aggregates and ET-1 may modulate increases in NT-proBNP levels primarily through secretion or transcriptional upregulation, respectively
- Hmox-1 and p38 MAPK function as key signaling molecules in LC

Figure 5. LC aggregate-mediated induction of cellular oxidative stress directly upregulated BNP expression.



- In contrast, treatment with ET-1, a mediator of robust cardiac hypertrophic response, did not modulate oxidative stress response marker expressions or ROS (**Figures 1A-C**)
  - These results suggest that LC aggregates and cardiac hypertrophy activate distinct intracellular signaling pathways in cardiomyocytes

**Figure 1.** (A-E) Patient-derived LC aggregate sequences increased expression of the oxidative stress response marker Hmox-1 and cellular ROS.



aggregate-induced cardiotoxicity and BNP production but may act through redundant signaling pathways

- Soluble LC aggregates were more potent in inducing insult than larger LC aggregates, though both monomeric and pelleted LC aggregates were still able to modestly upregulate Hmox-1 transcript and NT-proBNP secretion
- These results suggest that elevated levels of NT-proBNP in patients with AL amyloidosis may correlate with the degree of insult induced by LCs to cardiomyocytes and may contribute to disease activity
- Furthermore, these data support the notion that NT-proBNP may represent a direct measure of cardiotoxicity in AL amyloidosis, in contrast to other forms of heart failure (**Figure 5**), and support the use of NT-proBNP as a surrogate biomarker for therapeutic efficacy in clinical trials

BNP, brain natriuretic peptide; Hmox-1, heme oxygenase-1; LC, light chain; MAPK, mitogen-activated protein kinase; NT-proBNP, N-terminal fragment of the probrain natriuretic peptide

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APC, allophycocyanin; ET-1, endothelin-1; Egr-1, early growth response-1; FL- $\lambda$ 6a, AL amyloidosis–associated, full-length LC sequence; FSC, forward scatter; H<sub>2</sub>O<sub>2</sub>, hydrogen peroxide (ROS); Hmox-1, heme oxygenase-1; LC, light chain; MSD, Meso Scale Discovery; NS, not significant; ROS, reactive oxygen species.

A-C: n = 10 (vehicle, FL- $\lambda$ 6a), n = 3 (ET-1).

All comparisons were performed with vehicle control. Mean fluorescence intensity was calculated from the average fluorescence of each cell. Error bars represent standard error of the mean. Data in panel E represent 50  $\mu$ g/mL FL- $\lambda$ 6a.